

## Daily Schedule Checklist:

Monday:

- **(10 min) Toothbrushing/Dental Hygiene:**
  - (5 min) Toothbrushing
  - (5 min) Dental Hygiene Lesson
  
- **(25 min) Reading:**
  - (15 min) Read Aloud Book of the Week Provided by teacher
  - (5 min) Daily Nursery Rhyme
  
- **(10 min) Writing/Fine Motor skills:**
  
- **(25 min) Science/Math:**
  
- **(45 min) Play/Gross Motor/Physical Fitness (Songs and Dance):**
  
- **(15 min) Read or listen to a book for fun**
  
- **(20 min) Art Activity** (One per week; Every Friday):